

A Lifestyle of Praise

Main Bible Verse:

(Psalms 34:1-3) I will extol the Lord at all times; his praise will always be on my lips. 2 I will glory in the Lord; let the afflicted hear and rejoice. 3 Glorify the Lord with me; let us exalt his name together.

Prayers of Blessing to the New Friends:

Cheng Wei, Jin-Yu Pei, Man Li, Jin-Tao Xie, Claire Du, Scott Chen, Erin Lin, Wei Fan, Jie Liv, Kevin Hogan

List of Healing Prayers Request:

Anne Wang, JT Foo, Winnie Liang, Jian-Hua Wu, Shu-Hui Wang, Ying-An Chen, Mei-Lin Ke, Hui-Xin Lai, Qing-De Ren, Shu-Hui Ye, Cai-Wen Wang, He-Ping Chen, Ping-Yang Li, Shu-Hui Chen, Jia-Yi Ren, Betty Shen, Rosa Huang, Ya-Ping Su, Mandy Zhang, Carter, Nian-Jiao Chen, Joy Chang, Christine Zhang, Zhu-Xian Chen, Feng-Lun Bai, Xue-Hui Bai, Xiu-Lan Wu, Chu-Xian Chen, Jian-Ping Ren, Li-Xin Liu, Du-Hua Wang, Xiao-Ning Xie, Pin-Tong Meng, Suan-You Hu, Xiu-Ling Chen, Zhen-Gang Ku, Jennifer Li, Paul Wong, Hui Wang, Yi-Hang Huang, Yun Huang, Ping Wang, Zheng-Ping Yin, Hui-Ming Yang

Prayers for the Kingdom Commission:

- Monthly Church Fasting and Prayer will be held every last Saturday after Morning Prayer. We encourage brothers and sisters to attend the Morning Prayer at 8:30 and join us for the Fasting and Prayer afterwards.

Date of Fasting and Prayer in October: 10/30.

Summary:

1 Peter 2:9 | Psalms 103:1-5

- God wants to open His gates of abundance for us.
 - If we want to receive, we must first praise.
- To praise God is to declare God's grace, mercy, and love for us every day.
 - We must declare the He is our God.
- To praise God is to have a relationship with God.
 - We must come close to Him and exalt His name with gladness.
- Sometimes, we spend a lot of our time in petition rather than in praise.
 - When we are in trouble or lack, we request and ask of God but forget to praise God.
 - No matter what condition we are in, we must praise the Lord and call out to Him.
- There are miracles, healings, and power in our praise.
- God wants to bless us, heal us, and open doors for us, but we must balance our prayer and praise.
- Why does God want us to praise Him?
 - (1 Peter 2:9) But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.
 - When we accept Jesus, we are children of God and have the righteousness of God, so we have the honor and the privilege to praise God.
 - When we praise God, the glory of God will come down, and we will be called into the light of God.

- Our body is the temple of God.
 - Our bodily temple must be filled with praise.
- (Psalms 103:1-5) 1 Praise the Lord, my soul; all my inmost being, praise his holy name. 2 Praise the Lord, my soul, and forget not all his benefits— 3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.
 - Here we can see the heart of King David.
 - He longs for the presence of the Lord and praises continuously.
- True praise comes from a sincere heart before the Lord.
- We must worship in Spirit and in truth.
 - Worshipping in Spirit comes from the heart because the Holy Spirit lives in us.
 - When our heart and worship touch the Lord, that is worshipping in Spirit.
 - Worshipping in truth is worshipping in obedience to God.
 - When we worship in Spirit and in truth, the Glory of God will come down on us.

Psalms 34:1-3 | Philippians 4:6-7

- (Psalms 34:1-3) I will extol the Lord at all times; his praise will always be on my lips. 2 I will glory in the Lord; let the afflicted hear and rejoice. 3 Glorify the Lord with me; let us exalt his name together.
 - This is a lifestyle of praise, a habit of praise.
 - Our praise should not be conditional. We must praise daily.
 - Praise is an act of our faith.
 - Faith is praising God in all circumstances knowing that God will help us.
- Being a king for King David was not easy.
 - He had many enemies, but he knew to praise God.
 - David found strength, joy, and peace from praising the Lord.
- (Philippians 4:6-7) 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
- The Lord wants us to rejoice always.
 - How can we rejoice when we face difficulties?
 - We must rejoice because we can, through prayer and petition, present our requests to God.
- When we praise with a humble heart, God will help us and rescue us.
 - We will have peace that no money can buy.
- When we magnify God and know that He is almighty, our problems will become smaller.
- When we come together with other brothers and sisters, we should praise.
- No matter what obstacles there are before us, we must try our best to praise and worship.

2 Chronicles 5:13-14 | Exodus 33:18-19 | Psalms 24:10 | Ephesians 5:15-20

- The Lord dwells in the praise of His people.
 - From the rising of the sun to sundown, we must praise God's name.
- (2 Chronicles 5:13-14) 13 The trumpeters and musicians joined in unison to give praise and thanks to the Lord. Accompanied by trumpets, cymbals and other instruments, the singers raised their voices in praise to the Lord

and sang: "He is good; his love endures forever." Then the temple of the Lord was filled with the cloud, 14 and the priests could not perform their service because of the cloud, for the glory of the Lord filled the temple of God.

- The priests praise in unison with all their hearts.
 - They praised the Lord with their hearts, saying "He is good; His love endures forever."
- The glory of the Lord came down and filled the temple.
- When we worship and the Glory of God comes down, God will be there with us.
 - When there is God's presence, there will be healing and miracles.
- Every time we come to church, we come to receive the glory of God.
 - When we come with our problems and call out to God, He will give us wisdom on how to solve it.
- When we praise God, we may not be able to see the cloud (the glory of God), but we can experience God's glory and his miracles.
- The Glory of God is also the Goodness of God
- (Exodus 33:18-19) 18 Then Moses said, "Now show me your glory." 19 And the Lord said, "I will cause all my goodness to pass in front of you, and I will proclaim my name, the Lord, in your presence. I will have mercy on whom I will have mercy, and I will have compassion on whom I will have compassion."
 - God told Moses to take His people out of Egypt.
- The glory of God is His goodness.
 - God is good to the Israelites and He is still good to them today.
 - How much more that we received Jesus Christ as our Lord and Savior.
 - Definitely, God's goodness will be on us.
- We all have experienced God's goodness.
 - Everything good comes from above.
- Jesus is the King of Glory.
 - (Psalms 24:10) 10 Who is he, this King of glory? The Lord Almighty— he is the King of glory.
 - God loves us and wants to help us overcome, but we must learn how to have a lifestyle of praise.
- (Ephesians 5:15-20) 15 Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. 17 Therefore do not be foolish, but understand what the Lord's will is. 18 Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, 19 speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, 20 always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.
 - We must be filled with the Holy Spirit and pray in the Spirit daily.
- If we love God, we will give our best to God. Not only monetarily, but we will also give our time to worship, praise, and spread the gospel.
 - We know that church is a special place. When we love God, we will also love the church.
- When we love God, we come to church in reverence.
 - We do not just go through the motions, but give glory to God for everything in our lives.

Verse

Zhǔ de xǐlè shì wǒ lìliàng

Ní de jiù ēn shì wǒ pànwàng

Suīrán gǎnlǎn shù bù xiàolì

Yěxǔ pútáo shù bù jiéguǒ

Wǒ réng yīn jiù wǒ de shén huānxīn kuàilè

Chorus

Wǒ yào zànměi Wúlùn dé shí huò bùdé shí

Wǒ yào zànměi Měitiān cóng rì chū dào rìluò

Wǒ xīn jiāndìng yú ní Měitiān zànměi bù tíng

Wǒ yào zànměi Tiàowǔ zànměi

Wǒ yào zànměi Zìyóu zànměi

Dà shēng huānhū

Ní shì yǒngyuǎn déshèng jūnwáng

Wǒ fàngxià zìjǐ lái dào nǐ zuò qián
shènglíng jiàngxià píngjìng wǒ de xīn
zài nǐ ài lǐ

tiān fù nǐ wèi wǒ chóngxīn dé
shēngmìng
yǔ zìjǐ fēnlí yǔ wǒ gèng kào jìn
xiāngyù jīdū lǐ

Tiān fù nǐ tóng zài shǐ wǒ líng ān xī
xīnsī hé yìniàn dōu shǔyú nǐ
qīngtīng nǐ shēngyīn
yēsū lái qīnzì dàilǐng wǒ shēngmìng
měi gè jué dìng měi yīgè jiǎoyìn
dōu zài jīdū lǐ

Chorus

Wǒ bǎ zìjǐ quán rén jiāo gěi nǐ
quán xīn jiāo gěi nǐ
xiàn shàng zhè xīnlíng chéngshí jìng bài
zài nǐ tóng zài lǐ
fùdān hé zhòngdàn dōu jiāo gěi nǐ
zài nǐ jiǎo qián gǎnxiè
gēnsuí nǐ xīnyì wǒ yuànyì
ní de huà yǔ shì wǒ shēngmìng
gēnsuí ní xīnyì wǒ yuànyì

Chorus

Cóng báitiān dào hēiyè

shēng dào nǐ zuò qián

xīnxiāng jì de hū qiú

shēng dào nǐ zuò qián

{nǐ pèi dé quán suǒyǒu} x2

nǐ shì wànwù yuántóu yīqiè dōu guīyú nǐ

pèi dé suǒyǒu róngyào

Day and night night and day let incense arise

Day and night night and day let incense arise

You are worthy of it all You are worthy of it all

For from You are all things And to You are all things

You deserve the glory

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I Exalt Thee

Written by:
Pete Sanchez Jr.

{Wǒ zūnchóng nǐ} x3 ō zhǔ

{I exalt Thee} x3 Oh Lord

Yuànzhu de ēnhuì cí'ài yǔ nǐ tóng zài
yuànzhu de líng shí shí wéirào
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Chorus

Cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Verse

You are my joy, You are my strength

My hops is in salvation's song

I will cling to You when I'm lost

I will trust in You in the dark

I will sing and dance, rejoice in You, my God

Chorus

I praise Your Name in times of sorrow or in joy
I praise Your Name with the rising and setting sun

I worship You my God

My praise will never cease

I dance and sing, to You my King

I dance and sing, and freely praise

I shout to You

You are my God my Glorious King

I lay down myself and come before Your throne
Holy Spirit come down calm my heart in Your love
Heavenly Father You give me new life
Separated from yourself
drawing closer to me we meet in Christ

Heavenly Father Your presence let my spirit rest
My thoughts and intentions belong to You
I listen to Your voice
Jesus come to personally guide my life
Every decision and every step is in Christ

Chorus

I give my whole self to You
Whole heart to You

I offer this spirit and true worship in Your presence
My burdens and heavy loads I give to You
Give thanks at Your feet
Follow Your will I am willing
Your word is my life
Follow Your will I am willing

Chorus

Day and night night and day
let incense arise

Day and night night and day
let incense arise

You are worthy of it all

You are worthy of it all

For from You are all things

And to You are all things

You deserve the glory

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I Exalt Thee

Written by:
Pete Sanchez Jr.

{I exalt Thee} x3

Oh Lord

May Father's love and His grace be with you

May Holy Spirit cover you

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you

Chorus

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you