

Praise the Lord Oh My Soul

Main Bible Verse:

(Psalms 103:1-5) 1 Praise the Lord, my soul; all my inmost being, praise his holy name. 2 Praise the Lord, my soul, and forget not all his benefits— 3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.

Prayers of Blessing to the New and Returning Friends:

Anna Peng, Chang-Gen Dai, Sheng-Juan Yang

List of Healing Prayers Request:

Anne Wang, JT Foo, Winnie Liang, Jian-Hua Wu, Shu-Hui Wang, Ying-An Chen, Mei-Lin Ke, Hui-Xin Lai, Qing-De Ren, Shu-Hui Ye, Cai-Wen Wang, He-Ping Chen, Ping-Yang Li, Shu-Hui Chen, Jia-Yi Ren, Betty Shen, Rosa Huang, Ya-Ping Su, Mandy Zhang, Carter, Nian-Jiao Chen, Joy Chang, Christine Zhang, Zhu-Xian Chen, Feng-Lun Bai, Xue-Hui Bai, Xiu-Lan Wu, Chu-Xian Chen, Jian-Ping Ren, Li-Xin Liu, Du-Hua Wang, Pin-Tong Meng, Suan-You Hu, Xiu-Ling Chen, Zhen-Gang Ku, Jennifer Li, Paul Wong, Hui Wang, Yi-Hang Huang, Yun Huang, Ping Wang, Zheng-Ping Yin, Hui-Ming Yang

Prayers for the Kingdom Commission:

- Monthly Church Fasting and Prayer will be held every last Saturday after Morning Prayer. We encourage brothers and sisters to attend the Morning Prayer at 8:30 and join us for the Fasting and Prayer afterwards.
Date of Fasting and Prayer in August: 08/29.

Summary:

Psalms 103:1-23 | Hebrews 13:15-16

- (Psalms 103:1-5) 1 Praise the Lord, my soul; all my inmost being, praise his holy name. 2 Praise the Lord, my soul, and forget not all his benefits— 3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's. 6 The Lord works righteousness and justice for all the oppressed. 7 He made known his ways to Moses, his deeds to the people of Israel: 8 The Lord is compassionate and gracious, slow to anger, abounding in love. 9 He will not always accuse, nor will he harbor his anger forever; 10 he does not treat us as our sins deserve or repay us according to our iniquities. 11 For as high as the heavens are above the earth, so great is his love for those who fear him; 12 as far as the east is from the west, so far has he removed our transgressions from us. 13 As a father has compassion on his children, so the Lord has compassion on those who fear him; 14 for he knows how we are formed, he remembers that we are dust. 15 The life of mortals is like grass, they flourish like a flower of the field; 16 the wind blows over it and it is gone, and its place remembers it no more. 17 But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children— 18 with those who keep his covenant and remember to obey his precepts. 19 The Lord has established his throne in heaven, and his kingdom rules over all. 20 Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word. 21 Praise the Lord, all his heavenly

hosts, you his servants who do his will. 22 Praise the Lord, all his works everywhere in his dominion. Praise the Lord, my soul.

- David had a humble heart that yearned for the presence of God.
 - His life was full of prayer and worship.
- When David knew that he was sinning, he cried out to the Lord, knowing that only through God would he be given forgiveness.
- When we pray and worship daily our youth will be renewed like the eagle's.
- If we want to have anointing, revelation, and the word from God we must truly understand Psalms 103 verse 1.
 - What does it mean by "Praise the Lord, my soul"
 - We must praise God with all of our heart.
 - We must call out with our entire heart and cry out not just praise with our lips.
- We must not let any part of our hearts not praise God.
- Whether we are reading the bible, praising, spreading the Gospel, or giving to the church, we must do it with our entire heart.
- Our hearts must not have any complaint, unforgiveness, anger, or anything else that is not pleasing to the Lord.
 - If we have any of these in our hearts, we must come before the Lord and repent.
- When others hurt us, hate us, or wrong us, we must forgive.
 - Saul mistreated King David; however, David always forgives Saul no matter what he did.
- The success of David is in his heart.
 - Our success is in our hearts worshipping God.
- When we continue to praise God, we will remember all of God's benefits in our lives.
- We must continue to give thanks to God for what He has done in our lives.
 - When we wake up in the morning, we must give thanks to God for His wonderful creations.
- When we worship and praise with all of our hearts and are truly thankful, we will receive verse 3-5 of Psalms 103.
 - He will forgive our sins and heal all our diseases.
 - Even if the doctor says that there is no way, God will heal us.
 - God will provide for us and restore our families.
 - God will renew our youth like the eagle's, and we will be in good health.
- When we are living well and are in good health, it is easy to praise and give thanks; however, we must be able to continue to praise and give thanks even during hardships.
- We must encourage ourselves and command ourselves to praise the Lord when things aren't perfect.
 - When we are able to praise and call out to the Lord, He will deliver us.
 - He will teach us how to solve our problems.
- (Hebrews 13:15-16) 15 Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. 16 And do not forget to do good and to share with others, for with such sacrifices God is pleased.
- We must continually offer to God a sacrifice of praise.
 - Even during hardships we can praise and call out because we trust in God's love for us.
- We must pray in the Holy Spirit.

- When we pray in tongues, we will be able to overcome the enemy.
- When we pray in tongues, we will be set free.
- Being a king was not easy for David.
 - He had many enemies and he needed God's wisdom of revelation to lead him and guide him to lead God's people.
 - How did he do this?
 - He continued to pray and praise the Lord at all times.

Psalms 34:1-10 | Psalms 63:1-5

- (Psalms 34:1-10) 1 I will extol the Lord at all times; his praise will always be on my lips. 2 I will glory in the Lord; let the afflicted hear and rejoice. 3 Glorify the Lord with me; let us exalt his name together. 4 I sought the Lord, and he answered me; he delivered me from all my fears. 5 Those who look to him are radiant; their faces are never covered with shame. 6 This poor man called, and the Lord heard him; he saved him out of all his troubles. 7 The angel of the Lord encamps around those who fear him, and he delivers them. 8 Taste and see that the Lord is good; blessed is the one who takes refuge in him. 9 Fear the Lord, you his holy people, for those who fear him lack nothing. 10 The lions may grow weak and hungry, but those who seek the Lord lack no good thing.
- Psalms 34 shows David's lifestyle of praise and worship.
 - He continues to praise saying "I will" commanding himself to do these things at all times.
 - At all times David calls out and inquires of the Lord.
- David reminds us that we must fear the Lord.
 - Fearing the Lord means to revere Him and to follow His word.
- When we truly fear the Lord, God will help us and solve all of our problems.
- The children of God will never live in lack because the Lord is our shepherd and He will always provide.
- (Psalms 63:1-5) 1 You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. 2 I have seen you in the sanctuary and beheld your power and your glory. 3 Because your love is better than life, my lips will glorify you. 4 I will praise you as long as I live, and in your name I will lift up my hands. 5 I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.
- This Psalms was written when David was in trouble.
 - Even during hardships David sought the Lord.
- We must do our best to seek the Lord like David did.
 - It is essential that we do not miss assembly.
 - During every service, anointing fills the place and the glory and anointing of God will come down.
- The anointing will break every yoke and set us all free.
- When we worship God will give us the word.
 - What is this word?
 - It is the revelation and prophecy from God telling us what we ought to do.
- When we receive anointing from church and bring it home, we must continue to praise and pray to renew our anointing.
- When we have anointing we will have the wisdom and guidance of God.
- When we do not spread the gospel and walk in God's love, God's glory and anointing will leave us.

- We can continue to keep our anointing as long as we praise and spread the gospel.
- When David lived in God's anointing and called out, he received abundant blessings from God.
 - He went from trouble in a dry and weary land to being fully satisfied with the richest of food through continuous praise.
- When we do not have the anointing in our heart, we will not be able to worship in Spirit.
- It is crucial that we are filled with the Holy Spirit daily and renew the anointing from God.
- Praise takes practice, but it is never too late to start.
 - We must train daily to praise with our hearts.
- When we are able to praise daily, we will be healed and receive success from God.
 - Our success is decided by our ability to worship God in spirit and in truth.
- We must live a life that worships and praises God with our entire heart in spirit and in truth.

Hope for Our Lives
yǒnghéng wéiyī de pànwàng

Lyrics & Music by:
Grace Tseng

Yǒuyī wèi zhēnshén tā míngzì jiào yēsū
Tā lái dào zhè shìjiè shàng wèi yào jiùshú nǐ
shēgmìng de yìyì jǐn zài zhè fúyīn lǐ
zhǐyào nǐ kāikǒu hūhǎn yēsū

Chorus

Yēsū shì shēgmìng yīqiè wèntí de jiědá
yēsū shì shēgmìng yīqiè hēi'àn de liàngguāng
jiāng yōushāng biàn wèi xǐlè
jiāng jùpà biàn wéi lìliàng
yēsū shì yǒnghéng wéiyī de pànwàng

Wǒ de yǎnguāng hé xīnsī
dāndān zhùshì nǐ ō yēsū
suízhe nǐ xīn lǜdòng
tiánmì de líng láí chōngmǎn wǒ

Fàngxià wèi zìjǐ zhuā zhù de
fàngshǒu jiāo gěi nǐ wǒ de zhǔ
wǒ yuàn shǐ nǐ huānxǐ

Chorus

duì nǐ de ài bùduàn yǒngliú

Wǒ shēngmìng qìxí quánrán wèi nǐ
rútóng xiāng gāo qīngdǎo
wú huǐ de fùchū

zhǐ yuàn nǐ xīndé mǎnzú

Wǒ shēngmìng qìxí quánrán wèi nǐ
rútóng xiāng gāo qīngdǎo
quán xīn láí xiàn shàng
zuì shēnkè zhēnzhì de ài

You Are My Strength

Zhǔ nǐ shì wǒ lìliàng

Lyrics & Music by:

Grace Tseng

Verse

Wǒ de shīgē, wǒ de zhěngjiù
Nǐ shì wǒ huànnàn zhōng suíshí de bāngzhù
Zhòng shān zěnyàng wéirào yēlùsālěng
Nǐ bì wéirào wǒ dào yǒngyuǎn.

Chorus

Zhǔ nǐ shì wǒ lìliàng
Zhǔ nǐ shì wǒ gāo tái
Jiāngù pánsí, wǒ xìn kào nǐ bì bù dòngyáo
Zhǔ nǐ shì wǒ lìliàng
Zhǔ nǐ shì bìnàn suǒ
Wǒ de pànwàng zhǐ zàihū nǐ

English Chorus

You are my strength, oh Lord
You are my shield, my song
My solid rock, on You I stand, I trust in You
You are my strength, oh Lord
You are my hiding place
You are my hope I trust in You

Yuànzhu de ēnhuì cí'ài yǔ nǐ tóng zài
yuànzhu de líng shí shí wéirào
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Chorus

Cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Hope for Our Lives

Lyrics & Music by:
Grace Tseng

There is one true God. His name is Jesus Christ
He has come to give you life,
to save and redeem you
The gospel brings to light the purpose of this life
Come and call upon His name, Jesus

Chorus

We call out, "Jesus,"
He's the answer to our lives
We call out, "Jesus,"
He turns darkness into light
Turns our mourning into joy
And our weakness into might
Jesus Christ, He's the hope of our lives

Devoted to You

Music & Lyrics:
TiffanyW ang

I lift up my heart and my soul
Only fixed on You, Oh my Lord

I wait for Your Spirit
Gently move within my heart

I let all my cares at Your feet
For You are my Lord, You're my peace
I sing out a praise, Lord
Let Your great love come overflow

Chorus

Every moment I live for You Lord

As a sacrifice to You
I'm not holding back
let this be pleasing to You

Every breath I live for You Lord
As a sacrifice to You
Offering all to You

My love and pure devotion

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You Are My Strength

Lyrics & Music by:
Grace Tseng

Verse

You are my life, You are my song
You're my salvation when all my hope is gone
As the mountains surround Jerusalem
Your presence surrounds me the same

Chorus

You are my strength, oh Lord
You are my shield, my song
My solid rock, on You I stand, I trust in You

You are my strength, oh Lord
You are my hiding place
You are my hope I trust in You

May Father's love and His grace be with you

May Holy Spirit cover you

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you

Chorus

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you