

## The Power and the Blessing of the Holy Communion

### **Main Bible Verse:**

(1 Corinthians 11:23-30) 23 For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, 24 and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." 25 In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." 26 For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes. 27 So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. 28 Everyone ought to examine themselves before they eat of the bread and drink from the cup. 29 For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. 30 That is why many among you are weak and sick, and a number of you have fallen asleep.

### **Prayers of Blessing to the New Friends:**

Lei Huang, Ting Feng, Sandy Jimenez, Tao Xu, Jia Guo, Jarvis Chen

### **List of Healing Prayers Request:**

Anne Wang, JT Foo, Winnie Liang, Jian-Hua Wu, Shu-Hui Wang, Ying-An Chen, Mei-Lin Ke, Hui-Xin Lai, Qing-De Ren, Shu-Hui Ye, Cai-Wen Wang, He-Ping Chen, Ping-Yang Li, Shu-Hui Liu, Jia-Yi Ren, Betty Shen, Rosa Huang, Ya-Ping Su, Mandy Zhang, Carter, Nian-Jiao Chen, Joy Chang, Christine Zhang, Zhu-Xian Chen, Feng-Lun Bai, Xue-Hui Bai, Xiu-Lan Wu, Chu-Xian Chen, Jian-Ping Ren, Li-Xin Liu, Du-Hua Wang, Xiao-Ning Xie, Pin-Tong Meng, Suan-You Hu, Xiu-Ling Chen, Zhen-Gang Ku

### **Prayers for the Kingdom Commission:**

- Monthly Church Fasting and Prayer will be held every last Saturday after Morning Prayer. We encourage brothers and sisters to attend the Morning Prayer at 8:30 and join us for the Fasting and Prayer afterwards.

Date of Fasting and Prayer in March: 03/28.

### **Summary:**

#### **John 6:53-56 | 1 Corinthians 10:16-17 | 1 Corinthians 11:23-30**

- The blood of Jesus is the foundation of the gospel and the truth we believe in.
  - It is applied in every aspect of our lives.
- It is because of the blood of Jesus that we are saved.
- There are three levels to the blood of Jesus:
  - 1. Christ died for us to redeem us from the curses of the law.
  - 2. The blood of Jesus covers over us and protects us.
    - It is the helmet of salvation that protects us.
  - 3. The blood of Jesus being in us through the Holy Communion.
- There is power and blessing in the Holy Communion.
  - It brings healing to our bodies.
- (John 6:53-56) <sup>53</sup> Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Whoever eats my flesh and drinks my blood has eternal life, and I will raise them

up at the last day. <sup>55</sup> For my flesh is real food and my blood is real drink. <sup>56</sup> Whoever eats my flesh and drinks my blood remains in me, and I in them.

- The blood of the lamb was put over the door frame in the Old Testament.
  - In the New Testament the blood of the lamb covers us and is also in us.
- Taking the bread represents the body of Jesus.
- When we take the cup we are taking the blood of Jesus.
- When we receive Jesus Christ not only do we receive eternal life but abundant life while we are on earth.
- We must not take Holy Communion as a routine,
  - We must have communion by faith.
- (1 Corinthians 10:16-17) <sup>16</sup> Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ? <sup>17</sup> Because there is one loaf, we, who are many, are one body, for we all share the one loaf.
  - When we have communion, we are sharing the communion with those around us.
- When we receive the bread and the cup, we are having a fellowship with Jesus and accepting Him into our life.
- The Holy Communion is the love of God.
  - He wants to give us eternal life.
- There is power in the Holy Communion.

#### **Isaiah 53:4-5 | 1 Peter 2:24**

- Jesus took bread and broke the bread.
  - This bread represents His broken body on the cross.
- Why was His body broken?
  - (Isaiah 53:4-5) <sup>4</sup> Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. <sup>5</sup> But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed
- Jesus was flogged for us and nailed on the cross for us.
  - He suffered this so that we may be healed.
- (1 Peter 2:24) <sup>24</sup> “He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.”
  - When we take the communion, we must know that through Jesus, our sins are forgiven and have faith that by his wounds, we are healed.
- We must not only have the communion in remembrance but also believe and receive.
  - The bread is for our healing, and the cup is for the forgiveness of our sins.
  - When we take it in faith with the confirmation of the Holy Spirit, then we will receive it.
- We must not take a bad diagnosis as the end.
  - We must have faith that by Jesus stripes we are healed and that we have already healed.
  - We should worship, praise, pray, and read the bible daily.
- We must have anointing on our homes and in our bodies every day.
- No matter what sickness we have, we must not fear.
- When we come to take communion, we should come with a heart of thanksgiving and receiving.
  - When we take the cup and the bread, we must remember that Jesus died on the cross for us.

- We have to receive healing in faith.
- The bible teaches us that we must not take the Holy Communion in an unworthy matter.
  - When we do it in an unworthy matter, we are sinning against the body and blood of Jesus.
- What is an unworthy matter?
  - It is unbelief, taking communion as a routine.
- If we take the communion in a worthy matter by faith in remembrance of Jesus, we will receive full healing and receive the miracles of God.
- Many people put their confidence in medicine prescribed by doctors.
  - How much more confidence should we have in the body of Jesus which is prescribed by God himself.
- **Genesis 14:18-20 | Genesis 15:1 | Psalms 23:4-6**
- The first ever communion was taken with Abraham.
  - (Genesis 14:18-20) <sup>18</sup>Then Melchizedek king of Salem brought out bread and wine. He was priest of God Most High, <sup>19</sup>and he blessed Abram, saying, “Blessed be Abram by God Most High, Creator of heaven and earth. <sup>20</sup>And praise be to God Most High, who delivered your enemies into your hand.” Then Abram gave him a tenth of everything.
  - When Abraham took the communion with Jesus, he was blessed abundantly.
- After the communion the word of God came to Abraham.
  - (Genesis 15:1) After this, the word of the Lord came to Abram in a vision: “Do not be afraid, Abram. I am your shield, your very great reward.”
- When we take the communion we will be renewed.
- (Psalms 23:4-6) <sup>4</sup> Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. <sup>5</sup> You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. <sup>6</sup> Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.
- This table that Jesus prepares for us before our enemies is the Holy Communion.
  - The enemy is our sickness, fear, worry, doubt, anxiety, and other negative things.
  - When we take this communion with Jesus we must know that God’s goodness and love will follow us and take this communion in faith.
- The communion is very powerful when we understand it and receive it and take it by faith.
  - When we receive the communion, Jesus is giving us the opportunity to be healed.
  - The communion is not magic, but the power comes from what Jesus has done for us.
    - By faith when we believe what Jesus has done for us, the power of God will manifest.

shén dí zǐ mín hé yī jù jí  
rè qiē qī pàn yù jiàn nǐ  
tiān yào chǎng kāi  
shén dí dào chuán biàn  
yīn wéi wǒ mén kě mù xún qiú nǐ

Verse 2

shén dí zǐ mín hé yī jù jí  
rè qiē qī pàn yù jiàn nǐ  
tiān yào chǎng kāi  
shén dí dào chuán biàn  
yīn wéi wǒ mén kě mù xún qiú nǐ

Chorus

zài zhè lǐ zài zhè lǐ  
yé sū nǐ xiàn zài zài zhè lǐ  
wǒ xiāng xìn wǒ xiāng xìn  
xǐ lè dí jiāng hé zài zhè lǐ  
róng yào zhāng xiǎn qí miào shén lì  
jiāng xiǎn míng  
tiān shàng guó dù jiàng lín zài zhè lǐ

Bridge

nǐ dí líng zài zhè lǐ  
zhè lǐ jiù yǒu zì yóu  
shèng líng zì yóu yùn xíng wú zhǐ jìn  
yí shān dǎo hǎi xìn xīn jiān dìng bù  
duàn shēng qǐ  
qī dài wěi dà shén zuò qí miào shì

Holy Spirit Rain Down  
Shènglíng jiàngxià ēn yǔ

Lyrics & Music by:  
Sandy Yu

Shènglíng jiàngxià ēn yǔ  
jiéjìng yīzhì wǒ  
wǒ xūyào nǐ wǒ xūyào nǐ  
nǐ lái chōngmǎn wǒ

Chorus

Chōngmǎn wǒ chōngmǎn wǒ  
yòng nà wēnróu de ài guāngzhào wǒ  
chōngmǎn wǒ lái chōngmǎn wǒ  
shíkè dōu chōngmǎn wǒ

Verse 2

Shènglíng yīn nǐ de ài  
wǒ yuànyì shùnfú  
wǒ hǎo ài nǐ wǒ hǎo ài nǐ  
ài nǐ de tóng zài

Holy Spirit Rain Down  
Shènglíng jiàngxià ēn yǔ

Lyrics & Music by:  
Sandy Yu

Holy Spirit, rain down,  
come and heal my soul.  
Lord, I need You, how I need You.  
Please come, fill me now.

Chorus

Fill me, Lord, fill me, Lord.  
With Your tender mercy, fill me now.  
Fill me, Lord, come, fill me, Lord.  
Make my cup overflow.

Verse 2

I will surrender all  
to Your gentle love.  
Lord, I love You, how I love You.  
Please come, fill me now.

# Take Me into Your Holy Place

Dai wo jin ru ni de tong zai

Lyrics & Music by:  
Grace Tseng

## Verse

Wan jun ye he hua

Ni di ju suo he deng ke ai

Wo xian mu ke xiang ni di yuan yu

Wo xin chang rou ti xiang ni hu yu

## Pre-Chorus

Dai wo jin ru ni di tong zai

Wo bu man zu zhi ting liu xian zai

Dai wo jin ru ni di tong zai

Wo xin ke mu ni yong heng di ai

## Chorus

Yuan ni di rong yao cong tian jiang xia lai

Ran shao mei ge ai mu ni di xin

Yuan ni di rong yao cong tian jiang xia lai

Chong man zhe di yu wo men xiang yu

Yuànzǔ de ēnhuì cí'ài yǔ nǐ tóng zài  
yuànzǔ de líng shí shí wéirào  
ēndiǎn jiàngxià cì fú yǔ nǐ  
píng'ān xǐlè tiāntiān chōngmǎn nǐ  
ēndiǎn jiàngxià cì fú yǔ nǐ  
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Chorus

Cì fú yǔ nǐ cì fú yǔ nǐ  
píng'ān xǐlè tiāntiān chōngmǎn nǐ  
cì fú yǔ nǐ cì fú yǔ nǐ  
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Children of God  
now is the time.  
Gather around  
'round His throne.

Spreading Good News  
over all the earth  
we are seeking after You alone

# You Are Here

Music & Lyrics:  
Grace Tseng

## Chorus

You are here, You are here.  
Jesus is with us here and now.  
I believe, I receive.  
Fountains of joy are flowing out.  
Lord, reveal Your glory and Your miracles  
Let it be like heaven on earth.

## Bridge

Where the Spirit of the Lord is  
there we will find freedom.  
Let the Holy Spirit freely flow  
Faith that moves the mountains  
growing and increasing  
We can't wait to see Your mighty works

Holy Spirit, rain down,  
come and heal my soul.  
Lord, I need You, how I need You.  
Please come, fill me now.

Chorus

Fill me, Lord, fill me, Lord.  
With Your tender mercy, fill me now.  
Fill me, Lord, come, fill me, Lord.  
Make my cup overflow.

Verse 2

I will surrender all  
to Your gentle love.  
Lord, I love You, how I love You.  
Please come, fill me now.

# Take Me into Your Holy Place

Lyrics & Music by:  
Grace Tseng

## Verse

Lord of all the earth  
How lovely is Your dwelling place  
My soul yearns to dwell within your presence  
My heart and flesh cry out to You, Lord

## Pre-Chorus

Take me into Your holy place  
I yearn for you, to feel Your embrace  
Take me into Your holy place  
I long to see You face to face

## Chorus

May Your glory come down from heav'n above  
Set a fire down within my heart  
May Your glory come down from heav'n above  
Fill this land and reign up on this place

May Father's love and His grace be with you

May Holy Spirit cover you

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you

Chorus

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you