

The Power of Praise

Main Bible Verse:

(Psalms 103:1-5)

- 1 Praise the Lord, my soul;
all my inmost being, praise his holy name.
- 2 Praise the Lord, my soul,
and forget not all his benefits—
- 3 who forgives all your sins
and heals all your diseases,
- 4 who redeems your life from the pit
and crowns you with love and compassion,
- 5 who satisfies your desires with good things
so that your youth is renewed like the eagle's.

Prayers of Blessing to the New Friends:

Hong Zhu, Long Chen, Jun Ji, Peng Zheng, Bin-Bin Zhao, Meng-Hua Zhao, Peng-Fei Shang, Jin-Hong Hui, Yu-Kun Gao, Fanni Li, Ling Wang, David Tian, Guo-Jia Li, Jean Szetoo, Terry Lai, Tony Li, Lisa Wang, Long Chen, Jeannie Xsu, Lucy Wang, Wei Zhao, Danica Du

List of Healing Prayers Request:

Anne Wang, JT Foo, Winnie Liang, Jian-Hua Wu, Chen-Xu Wang, Shu-Hui Wang, Ying-An Chen, Mei-Lin Ke, Hui-Xin Lai, Qing-De Ren, Shu-Hui Ye, Cai-Wen Wang, He-Ping Chen, Ping- Yang Li, Shu-Hui Liu, Jia-Yi Ren, Betty Shen, Rosa Huang, Ya-Ping Su, Mandy Zhang, Carter, Nian-Jiao Chen, Henry Qiao, Zhen-Hui Zhu, Zi-Yuan Pan, Joy Chang, Fu-Hsiang Chen, Christine Zhang, Zhu-Xian Chen, Feng-Lun Bai, Xue-Hui Bai, Xiu-Lan Wu, Hui-Hui Lin, Chu-Xian Chen, Jian-Ping Ren, Feng-Lan Yan, Hui-Mei Liu, Richard Don, Li-Xin Liu, She-Hua Wang, Bi-Yun Wu, Xiao-Ning Xie

Prayers for the Kingdom Commission:

- Monthly Church Fasting and Prayer will be held every last Saturday after Morning Prayer. We encourage brothers and sisters to attend the Morning Prayer at 8:30 and join us for the Fasting and Prayer afterwards.
Date of Fasting and Prayer in June: 6/28.
- Baptism Classes: 6/1 | 6/8 | 6/15 | 6/22
Time: 9:00 - 9:25
Location: Multi-Purpose Gym

Summary:

Psalms 103:1-5 | 1 Peter 2:9-10

- David said that with all his heart, with all his mind, and with all his soul, he would praise the Lord.
- We must remember all of God's mighty acts in our lives.
 - We must thank God for His healing and His help.

- King David was a King after God's own heart.
 - He knew that the secret to his success was in prayers and praising the Lord.
 - David wrote many beautiful Psalms and we can use them to learn and praise the lord.
- What does it mean to praise God?
 - It means to lift His name on high.
 - It means to declare His mighty acts and His goodness.
 - It means to declare His grace and His mercy, and His healing.
- Why do we praise God?
 - We praise because we trust God.
 - We praise because we put our faith in Him.
- True praise comes from the heart of thanksgiving and love, not a heart of complaint, fear, or anger.
- What is the key of praise?
 - To receive God's glory and light.
 - To receive the word of God, the direction from God, and healing from God.
- When we pray, we must also pray for those around us.
- We must praise the Lord daily.
 - When we praise daily, we can see a difference in our lives.
 - We will daily be filled with strength, power, anointing, and wisdom.
 - When we praise and pray daily, working for the Lord and praying for others will not feel like a burden anymore.
- God desires for us to praise Him.
- 1 Peter 2:9-10 (But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.)
 - When we receive Jesus as our Lord and savior, we become the children of God
 - We become God's chosen people, royal priesthood, a holy nation, and God's special possession.
 - We are not the children of any leader of the world but children of the King of Kings.
 - The Holy Nation refers to our own bodies because it is also the temple of God.
 - We are God's special possession and bought at a price.
 - That price was Jesus dying on the cross for us and resurrecting for us.
- We are the body of Christ.
 - When we draw near God, He will come near us.
 - Unholiness cannot come near God.
 - The Church is a building, but our worship and praise is what makes it holy.
- When we accept Jesus as our Lord and savior, our sins are forgiven, and we have this wonderful light in Him.
- When we continually pray in the Spirit, the light of God will come down and we will receive His glory.
 - When we do not worship the light in our life will become more and more dim.
- King David knew that God had helped him throughout his entire life.
 - We know that God saved us and our family and that He has continually done wonderful works in us.
 - However, we must not become too relaxed and stop praising.

- When David became too relaxed, he was not able to overcome the lust of his flesh and committed adultery.
- When we sin against God, we must repent.
 - When we refuse to repent, we will go into deeper troubles.
 - Rather than repenting, David committed a greater sin. He killed Bathsheba's husband Uriah to cover up his mistake.
 - After David returned before the Lord and repented, the Lord's mercy was on him and he was forgiven of his sins.
- There is anointing and power in the church and we will be joyful and be at peace when we praise.
- We must continually pray throughout the week to keep the anointing and light of God on us throughout the week.
- We fall short of the glory of God when we don't praise and worship daily.
 - When temptations come, we will not be able to overcome them.
- God has no favoritism He will not favor one person over another.
 - We must still build an intimate relationship with God.
 - When we continue to worship God, tell people about Jesus, and helping others walk in His word, His glory and light will come upon us and He will help us overcome all things

James 5:13 | Acts 16 | Hebrews 13:15-16 | Psalms 117:1-2 | Psalms 134:1-3

- (James 5:13) Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise.
 - Prayer and praise go together.
- When we have problems, worries, or difficulties, we must pray and praise the Lord.
- Even when Paul and Silas were in jail, they did not complain about their suffering.
 - They prayed at midnight and sang praises to the Lord.
 - The other prisoners and jailers heard them.
 - The miracle came after they praised.
 - The prison shook and miracles happened in that jail.
- When we have full faith, repent, praise the Lord, and pray, our prayers will be answered, and we will be healed.
- No matter how dire our situation is, we must remember to pray and praise with full faith.
- Praise is a command from Jesus to all who love Him.
- The more we praise and trust in God, we will have the calmness of the Lord in us.
- It is easy to praise when we are happy and feel blessed, but we must continue even when we are facing challenges and living in difficult times.
- (Hebrews 13:15-16) Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.
- We must always offer to God a sacrifice of praise no matter what is going on.
- When we praise the Lord during our difficulties we will understand our own heart.
- All of us have challenges, but we have a God who loves us.
- When we do not feel like praising and reading the bible, we must command ourselves to do it and trust in the Lord.
- The devil does not want us to have victory.

- Through Jesus, we will always have victory.
- (Psalms 117:1-2) Praise the Lord, all you nations; extol him, all you peoples. 2 For great is his love toward us, and the faithfulness of the Lord endures forever. Praise the Lord.
- (Psalms 134:1-3) Praise the Lord, all you servants of the Lord who minister by night in the house of the Lord. 2 Lift up your hands in the sanctuary and praise the Lord. 3 May the Lord bless you from Zion, he who is the Maker of heaven and earth.
- (Psalms 150) Praise the Lord. Praise God in his sanctuary; praise him in his mighty heavens. 2 Praise him for his acts of power; praise him for his surpassing greatness. 3 Praise him with the sounding of the trumpet, praise him with the harp and lyre, 4 praise him with timbrel and dancing, praise him with the strings and pipe, 5 praise him with the clash of cymbals, praise him with resounding cymbals. 6 Let everything that has breath praise the Lord. Praise the Lord.
- We must praise God everywhere, tell people about what Jesus has done for us, praise him with all kinds of instruments, and dancing.
 - We must not allow our bodies to be stiff when we worship.
- We must have a heart of thanksgiving and always praise.
- God wants us to be happy people, heal us, bless us, and provide for us.
 - All we must do is pray.
 - As long as we are still breathing, we have a reason to praise the Lord.

The Lifter of My Head
jiào wǒ tái qǐtóu de shén

Lyrics & Music:
Saryah Yu

Yēhéhuá shì wǒ de zhǔ bì bùzhì dòngyáo
yǒu yēhéhuá de bāngzhù hái yào jù shuí
ne yēhéhuá shì wǒ mù zhě bì bùzhì quēfá
yǒu yēhéhuá zuò wǒ jīngqí
bì quánrán déshèng

Chorus

Yēhéhuá shì wǒ sìwéi de dùnpái
shì wǒ de róngyào
yòu shì jiào wǒ tái qǐtóu de shén
yī sù suīrán yǒu kūqì
zǎochén wǒmen bì huānhū
nǐ shì wǒ de pánshí wǒ de bāngzhù

The Lifter of My Head

Lyrics & Music:
Saryah Yu

Lord, You are my solid Rock,
I shall not be moved

With You as my Provider who is there to fear
Lord, You are my Shepherd, I shall not want
With You as my Banner there will be victory

Chorus

For You are my shield and my defender,
glory of my life
and You are the lifter of my head
Weeping may remain at night,
but at dawn we will rejoice
You're my solid Rock, Lord, You are my Help

I Dedicate My Life To You

Wǒ de xīn zūn zhǔ wéi dà
wǒ de líng yǐ zhǔ wéi lè
tā shǐ wǒ xǐlè
tā shǐ wǒ wěntuǒ
tā shì wǒ zuì jiāngù bìnàn suǒ

Chorus

Wǒ de shén wǒ xīn xúnqiú nǐ
wǒ de zhǔ wǒ fèngxiàn yú nǐ
wǒ jìngwèi nǐ wǒ jìng'ài nǐ
zhǔ a wǒ yīshēng xiàn yú nǐ

Wǒ yào yīxīn chēngxiè nǐ

zài zhū shén miànqián gēsòng nǐ

wǒ yào xiàng nǐ de shèng diàn xià bài

wèi nǐ cí'ài hé chéngshí chēngzàn nǐ míng

Chorus

Wǒ yào gēsòng yēhéhuá zuòwéi

yīn nǐ cí'ài yǒngyuǎn cháng cún

wǒ suī xíng zài kùnkǔ huànnàn zhōng

nǐ yīngxǔ bì jiāng wǒ jiù huó

Wǒ yào gēsòng yēhéhuá zuòwéi

yīn nǐ de míng dà yǒu róngyào

wǒ hū qiú shí nǐ bì yìngyǔn wǒ

gǔlì wǒ shǐ wǒ xīnlǐ yǒu nénglì

Yuànzhu de ēnhuì cí'ài yǔ nǐ tóng zài
yuànzhu de líng shí shí wéirào
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
ēndiǎn jiàngxià cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

Chorus

Cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ
cì fú yǔ nǐ cì fú yǔ nǐ
píng'ān xǐlè tiāntiān chōngmǎn nǐ

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Chorus

For You are my shield and my defender,
glory of my life
and You are the lifter of my head
Weeping may remain at night,
but at dawn we will rejoice
You're my solid Rock, Lord, You are my Help

I Dedicate My Life To You

My soul magnifies the Lord

My spirit rejoices in God

He gives me joy and safty

He's my refuge and my strength

Chorus

My God I seek Your face

Lord I serve you through my life

I adore You I love You

Lord I dedicate my life to You

Lord, I praise with all of my heart.

Before the “gods”, I sing Your praise.

Bow down toward Your holy temple and
praise Your everlasting love and Your truth

Chorus

I will sing of Your love forever,
for Your kindness is everlasting. Though I
walk in the midst of trouble,
by Your promise, You'll lead me through.

I will sing of Your love forever,
for Your Name is above all names.
When I call, Lord, You always answer
By your words,
You have made me strong in You.

May Father's love and His grace be with you

May Holy Spirit cover you

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you

Chorus

Grace upon grace, granted to you

May His peace and joy flow over you

Grace upon grace, granted to you

May His peace and joy flow over you