

**Standing Firm in the Faith and Resist the Enemy****Cast All Our Worries and Anxiety to the Lord****Main Bible Verse:**

(1 Peter 5:6-11) 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you. 8 Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 9 Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. 10 And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 11 To him be the power for ever and ever. Amen.

**Prayers of Blessing to the New Friends:**

Qing Sun, Scott Chang, Yong-Qiu Sun, Hong Zhao, Cindy Tu, Zhao Li, Sheng-Bao Li, Allen Liu, David Huang, Nana Wang, Ci-En Wang, Yi-Nuo Wang, Devin Li, Jin-Yue Ling, Yi-Han Li, Aiden Li, Leroy Xu, Lai Li, Xiang-Hua Kong, Kang-Rui Xu, Rong-Tu Shan, Xiu-Mei Xu

**List of Healing Prayers Request:**

Anne Wang, JT Foo, Winnie Liang, Jian-Hua Wu, Chen-Xu Wang, Shu-Hui Wang, Ying-An Chen, Ying-Zhi Chen, Mei-Lin Ke, Hui-Xin Lai, Qing-De Ren, Mei-Hui Ye, Shu-Hui Ye, Cai-Wen Wang, He-Ping Chen, Ping- Yang Li, Shu-Hui Liu, Jia-Yi Ren, Betty Shen, Rosa Huang, Ya-Ping Su, Mandy Zhang, Carter, Nian-Jiao Chen, Henry Qiao, Zhen-Hui Zhu, Zi-Yuan Pan, Joy Chang, Fu-Hsiang Chen, Christine Zhang, Zhu-Xian Chen, Feng-Lun Bai, Xue-Hui Bai, Xiu-Lan Wu, Hui-Hui Lin, Chu-Xian Chen, Jian-Ping Ren, Feng-Lan Yan, Hui-Mei Liu, Li-Zhen Lin

**Prayers for the Kingdom Commission:**

- Monthly Church Fasting and Prayer will be held every last Saturday after Morning Prayer. We encourage brothers and sisters to attend the Morning Prayer at 8:30 and join us for the Fasting and Prayer afterwards.  
Date of Fasting and Prayer in August: 8/31.

**Summary:****1 Peter 5:6-11 | Matthew 11:28 | Matthew 12:43-45 | Phillipians 4:6-7 | John 14:6**

- We come to church to worship God in spirit and in truth, and when we do, we will find that we have resurrection power in us in our everyday lives.
- Jesus keeps on reminding us that we need not worry or have anxiety.
  - Worrying is very harmful to our spirit, soul, and body.
  - We must not worry but have full faith that God will help us and guide us.
- Jesus has already died for us so that we can lay down our burdens and cut off our curses.
  - We can just call out to God, and He will heal our spirit, soul, and body.
- Worry and anxiety is not from God; it is an enemy to our faith.
  - (1 Peter 5:8) Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

- (Matthew 11:28) “Come to me, all you who are weary and burdened, and I will give you rest.
- To be alert is to call out to God as soon as we realize that we have worry.
- To be sober of mind is to cast our worries onto God.
- We must not allow ourselves to worry for those who worry are easily devoured.
- Church is the place to teach us well.
- Once we have cast out our worries, we must praise God continually and receive His Holy Spirit.
  - (Matthew 12:43-45) 43 “When an impure spirit comes out of a person, it goes through arid places seeking rest and does not find it. 44 Then it says, ‘I will return to the house I left.’ When it arrives, it finds the house unoccupied, swept clean and put in order. 45 Then it goes and takes with it seven other spirits more wicked than itself, and they go in and live there. And the final condition of that person is worse than the first. That is how it will be with this wicked generation.”
  - We must be careful to fill ourselves with the God’s word and the Holy Spirit once we have prayed to God and emptied ourselves of all our worries.
- We will always be the children of God even when we grow old.
  - We can call out to God to pray, and He will give us great peace.
  - We must learn to call out to, praise, and give thanks to God.
- We must not falter when it feels like we have been praying for a long time but continue to have faith.
  - (Phillipians 4:6-7) 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
- Heaven is a place without sorrow, pain, sickness, or death.
  - When we return to heaven, we will be at our best.
- When we call out to God, He will guide us and lead us.
  - Jesus wants the best for us and has already died on the cross for us, bearing all of our sin.
  - If we are willing to confess our sins and repent and return, we will be given our commission.
- By our own hands we cannot do anything, but with God, all things are possible.
  - When we follow and obey God, we will receive strength, power, and wisdom.
- We have the hope of Jesus’ return, but we must first go out to share the gospel to all.
  - Jesus told us that He is our way, truth, and life, and we must help others to receive Him.
- God is waiting to give us His peace; we need only call out to Him and seek Him wholeheartedly.
  - God is waiting to open a new and living way for us.
- We do not need to worry for God is capable of all things, and He will open a river for us in the desert.

# My Heart will Praise You Lord

Lyrics & Music by:

Grace Tseng

Wǒ yào quán xīn zànměi

## Verse

Quán xīn gǎnxiè quán xīn zànměi  
jìnrù ní de yuàn  
quán xīn sòng zàn xiàn shàng wèi jì  
shì zuǐchún de guǒzi  
zài ní lǐmiàn yī wú guà lǜ xǐlè mǎn yì  
chángcháng gǎnxiè bù zhù dǎogào  
pànwàng zàiyú ní

## Chorus

Wǒ yào quán xīn zànměi  
tiàowǔ sòngyáng ní míng  
zài ní diànzhōng yī rì  
shèngguò zài shìshàng qiān rì  
wǒ yào quán xīn zànměi  
zànměi hái yào zànměi bù tíng  
yìrén péng lǐ huānhū shēng yǒng bù xī

Verse 1

Dāng wǒ zài huànnàn zhī zhōng wǒ  
réng yào xìn kào yēsū  
nǐ shì wǒ de yīqiè  
wǒ xīn suǒ yīkào de

Verse 2

Dāng wǒ de xīn dòngyáo shí  
wǒ réng yào zànměi yēsū  
nǐ shì wǒ de pànwàng  
wǒ xīn suǒ yīkào de

Chorus

Hā lì lù yà hā lì lù yà  
yēsū yǒngyuǎn zhǎngquán  
hā lì lù yà hā lì lù yà  
yēsū yǒngyuǎn zhǎngquán

Bridge

Báizhòu nǐ xiàng wǒ shī cí'ài  
hēiyè wǒ yào gēsòng dǎogào  
nǐ shì wǒ de shīgē  
wǒ de bìnàn suǒ  
jiào wǒ tái qǐtóu de shén

Dāng wǒmen zài cǐ jìng bài

nǐ róngyào yǐ tóng zài

zài nǐ shèngjié zhōng fǔfú

wǒ gāojǔ shuāng shǒu

lǐngshòu nǐ dà ài

nǐ róngguāng zài wǒmen liǎn shàng

EN

Ó shén de líng qiú tíshēng wǒ  
zhēnshén de líng qiú tíshēng wǒ

yǐ nǐ dà ài lái chōngmǎn wǒ

shén tiānmì de líng

I can almost see Your Holiness  
As I look around this place  
with my hands stretched out to  
receive Your love  
You on each face

Chorus

Spirit of God lift me up  
Spirit of God lift me up  
Fill me again with Your love  
Sweet Spirit of God

Hēiyè suī màncháng xiéshǒuguò dīgǔ  
shēgmìng de jiānqiáng rú měilì yīnfú  
ràng yǒnghéng de ài zàicì bāowéi nǐ  
ràng wǒ péibàn nǐ cā qián zuórì de lèishuǐ

## Chorus

Jìngqíng de wéixiào bié hàipà yōushāng  
yǒnggǎn de xiāngxìn míngtiān yǒu yángguāng  
cā qián suǒyǒu yǎnlèi nǐ bù zài gūdān  
shén bì cì xià chóngshēng de lìliàng

Jìngqíng de wéixiào bié shīwàng jǔsàng  
yǒnggǎn de dǎpò bīnglěng de wéiqiáng  
zàicì ángshǒu tà chū xīnxīn de jiǎobù  
shén bì péibàn nǐ zǒu měi yībù lù



Verse

With all my heart,  
I will give thanks and enter Your court.  
Offering my praise to You, Lord;  
It's the fruit of my lips.  
In Your presence, free of worries,  
joy overflows.  
Always grateful, always praying,  
my hope is in You!

Chorus

My heart will praise You, Lord.  
I'll dance before Your throne.  
One day with You  
is better than a thousand elsewhere.  
My heart will praise You, Lord.  
I'll never stop praising Your name.  
The righteous will declare Your victory!

Verse 1

When the troubles come my way  
I will keep on trusting You  
You are my everything  
My heart holds on to You

Verse 2

When my heart is wavering  
I will keep on praising You  
You are my only hope  
My heart holds on to You

Chorus

Hallelujah, hallelujah  
You reign forevermore  
Hallelujah, hallelujah,  
You reign forevermore.

Bridge

By day, Your love flows within me  
At night, I lift my praise to You  
Jesus, You are my song,  
You're my strength,  
my shield, the lifter of my head.

I can almost see Your Holiness  
As I look around this place  
with my hands stretched out to  
receive Your love  
You on each face

Chorus

Spirit of God lift me up  
Spirit of God lift me up  
Fill me again with Your love  
Sweet Spirit of God

Hold onto my hand, we'll walk through the dark  
Strength comes again, just like a hopeful song  
Love everlasting surrounding your heart  
I'll be here for you always  
to wipe away your tears

Chorus

Let me see you smile, please don't fear or cry  
Hold onto hope the sun will rise again  
It's time to dry your eyes, you are not alone  
for our God will surely give us strength

Let me see you smile, hold your head up high  
Give us the courage to break down all the walls  
One day you'll walk again, take that step of faith  
God will be with you, every step you take