A Cheerful Heart is Good Medicine

Main Bible Verse:

(Philippians 4:4) Rejoice in the Lord always. I will say it again: Rejoice!

List of Healing Prayers Request:

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Summary:

(Proverbs 17:22) A cheerful heart is good medicine, but a crushed spirit dries up the bones.

- Cheerful heart = Good Medicine
- Crushed spirit = Dried up Bones
- Therefore, every morning, the first thing you must do, is to be joyful.

(I Peter 5:7-8) Cast all your anxiety on him because he cares for you. Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

- The devil is prowling around looking for people who aren't joyful and they will be happy to devour them.
- But the Lord is the source of our joy.
- (John 10:10) The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.
 - o Therefore, proclaim in Jesus, and receive the life Jesus gives us, and have it to the full.

(Jeremiah 31:13b) I will turn their mourning into gladness; I will give them comfort and joy instead of sorrow.

- Jesus already died on the cross for us and was resurrected for us to replace our sorrow into joy and comfort.
- When Jesus fills us with the Holy Spirit, our heart will be filled with joy.

(Luke 2:10-11) But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Savior has been born to you; he is the Messiah, the Lord.

(*Philippians 4:6-7*) Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

- Anxiety is from ourselves.
- Joy is in Jesus.
- Do not worry, pray, guard our hearts and our minds in Jesus.

(Ephesians 6:18) And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

- Pray and bring everything before God.
- The purpose of praying is to be drawn closer to God.
- When you are worried or anxious, you are taking a step away from God.

- o Without praying, we will stray further and further away from God.
- Prayers bring us back to God.

(Matthew 11:28) "Come to me, all you who are weary and burdened, and I will give you rest.

(Psalms 56:9) Then my enemies will turn back when I call for help. By this I will know that God is for me.

(Psalms 138:3) When I called, you answered me; you greatly emboldened me.

- When we pray and seek God, God will be with us and He will help us.
- When we are in the presence of God, we will have peace.

(I Timothy 2:8) Therefore I want the men everywhere to pray, lifting up holy hands without anger or disputing.

- When we feel anxious, immediately lift up our hands and pray!!!
 - When Moses lifted up his hands and pray, Joshua had victory against their enemies.
 - When Moses let down of his hands, Joshua lost in the battle.
- When we lift up our holy hands and pray, we will over come our anger.

(Luke 11:8-13) I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity he will surely get up and give you as much as you need. "So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. "Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"

- It is more important to seek the Holy Spirit than what to eat or what to drink.
- How to ask, seek and knock?
 - With boldness.
 - Let the Holy Spirit be what we ask and what we seek.
 - Then Knock, and the door will be opened.

(Proverbs 2:3-5) indeed, if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God.

(Psalms 100:4) Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

- In all things, by prayer and petition, with thanksgiving, bring them to God.
- When we give thanks, we may enter the gate of God.

(Psalms 103:1-5) Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.

(Proverbs 4:23) Above all else, guard your heart, for everything you do flows from it.

- When we enter the gate of God with thanksgiving:
 - There will be pasture.
 - The pasture is everything we need.
 - God will pour His blessings on you.
- How to enter the gate of God.
 - Give thanks!!!
- Guard our heart in prayers. Praise God. Give thanks to Him. Come before Him. Seek the Holy Spirit.

0	Those who are burdened will receive rest.
0	God will forgive our sins and heal our diseases.
0	God will renew us.

Jīn wǒ yǐjīng déshèngle jīn wǒ yǐjīng déshèngle kàozhe yēsū suǒ liú bǎo xuè jīn wǒ yǐjīng déshèngle

Chorus

Yēsū Shí jià Déshèng Wèi wò Kàozhe yēsū suò liú bǎo xuè wò yǐ déshèng

ΕN

There is victory for me
There is victory for me
Through the blood of Christ my Savior
There is victory for me

Chorus

For me, yes me! For me, yes me!
Through the blood of Christ my Savior
there is victory

Bu yao rang shi jie duo qu wo di xin Bu yao rang huan jing meng bi wo di yan Bu yao rang huang yan shi wo er fa chen Bu yao rang kun nan lan zu wo qian xing

Wo yao xuan ze zhu di dao lu
Fang xia wei zi ji you shang di quan li
Wo yao xuan gao zhu di da neng
Lai hu han ha li lu ya

Chorus

Wo li ding xin zhi yi sheng zan mei ni Wo li ding xin zhi dan dan jing bai ni Yuan sheng ling jiang he yong liu zai wo xin Wo li ding xin zhi zou zai zhu sheng jie guang zhong

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Yī lì màizi tā ruò bù luò zài dì lì sile bùlùnguòle duōshǎo shíhòu tā réngjiù shì tā zìjǐ tā ruò yuànyì ràng zìjí bèi yǎnmái bèi yòng jìn jiù bì jié chū xǔduō zǐlì jīngli shēngming de qíjī



Zhǔ wǒ yuànyì zhǔ wǒ yuànyì ràng zìjǐ xiàng zhòngzǐ luò zài dì lǐ shī sàng shēngmìng bì fǎn dé shēngmìng zhǔ wǒ yuànyì zhǔ wǒ yuànyì fàngxià zì yǐwéi yīng dé de quánlì zài wǒ shēnshang chéngjiù nǐ zhǐyì

Bridge

Hū zhào rúci chónggāo zhǒngzi hé děng miǎoxiǎo dìngjīng biāo gān zhí pǎo bìjiàn shén de róngyào

Written by: Kari Jobe Cody Carnes, Steven Furtick Chris Brown

Shen ci fu bao hu ni
Ta di lian guang zhao yao ni
En dian ci fu yu ni
Ye he hua xiang ni yang lian
Ping an yu ni

Amen

The Lord bless you and keep you

Make His face shine upon you

And be gracious to you

The Lord turn His face toward you

And give you peace

Amen

There is victory for me
There is victory for me
Through the blood of Christ my Savior
There is victory for me

Chorus

For me, yes me! For me, yes me!
Through the blood of Christ my Savior
there is victory

Do not let the world take over my heart Do not let temptations blind my eyes Do not let the lies cause my ears to dull Do not let hardships stop me marching on

For I have chosen the way of the Lord Putting down myself and my sorrow I shall declare my Lord's great power I am shouting Hallelujah

Chorus

I am determined, praise You all my life
I am determined, worship only You
The Spirit of God flowing through my heart
I am determined walking in the holy light

Unless a seed Consents to falling into the field Though all the time can pass waiting The seed remains alone If it consents To be used up its life to yield For the new life it's creating Soon a harvest is grown



It's my desire Lord I desire

To be a seed that falls into the field
Giving up my life to live anew
It's my desire Lord I desire

All of my rights and my pride I yield
To obey Your word and follow You

Bridge

Lord as is Your calling
All of me I'm giving
Like a seed I'm falling
For Your glory living

The Blessing

Offering Worship

Written by: Kari Jobe Cody Carnes, Steven Furtick Chris Brown

The Lord bless you and keep you
Make His face shine upon you
And be gracious to you
The Lord turn His face toward you
And give you peace

Amen